

Who we are and what we do

STREET Gloucestershire provides specialist domestic and teen relationship abuse support for young people aged 13-19 years old who:

- ▶ are experiencing or have experienced teenage relationship abuse
- ▶ are witnessing or have witnessed domestic abuse in the family home
- ▶ are displaying harmful behaviours in their intimate or family relationships

STREET provides a range of targeted 1:1 support and evidence-based group work programmes.



STREET

GLOUCESTERSHIRE

Supporting healthy teenage relationships

SAFE

TEENAGE

RELATIONSHIP

EDUCATION

&

EMPOWERMENT

TEAM



Information for professionals

STREET

GLOUCESTERSHIRE

Supporting healthy teenage relationships

STREET Gloucestershire is commissioned by Gloucestershire County Council and works closely with Gloucestershire Domestic Abuse Support Service (GDASS).

Making a referral

For information on how to make a referral please visit:

- ▶ www.gdass.org.uk
- ▶ www.westmerciawomensaid.org
- ▶ www.glostakeastand.com
- ▶ www.gsrb.org.uk

Alternatively you can call us on: **01452 726 584**

Anyone referring to the service is asked to make sure that the young person and, if under 16 years old, their parent or guardian has consented to the referral.

If you suspect that a young person may be at risk of abuse then it is your responsibility to report these concerns to Gloucestershire's multi-agency safeguarding hub on **01452 426565** and follow Gloucestershire safeguarding procedures.

Targeted 1:1 support

Our 1:1 support is for young people who are currently experiencing domestic or teenage relationship abuse and considered at high risk.

A Young Person's Violence Advisor (YPVA) works with a young person to create an individual support plan to address safety, help manage their exposure to abuse, whilst supporting the young person's wellbeing and ensuring that their wishes and feelings are heard. The YPVA works closely with other professionals to manage the risk to the young person.

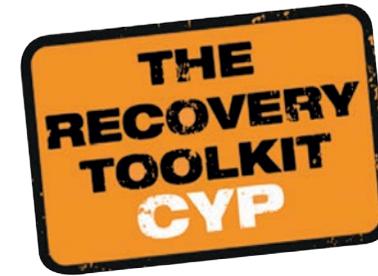
Group work programmes

CRUSH is a structured group programme for young people who are at risk of, or affected by, any form of domestic or teen relationship abuse whether it is witnessed, experienced or perpetrated – and is suitable for both young men and young women. The group runs for 6 to 8 weeks depending on the needs of the young people.

CRUSH has been externally evaluated as effective in helping young people to:

- ▶ **avoid abusive relationships and give them the knowledge and tools on how to exit an abusive relationship safely**
- ▶ **better manage their exposure to domestic abuse within the home**
- ▶ **build healthy relationships**
- ▶ **understand gender-based bullying**

CRUSH has been written and developed by West Mercia Women's Aid.



Recovery Toolkit

The Children and Young People's Recovery Toolkit is an evidence-based 8-week group programme for any young person that has witnessed or experienced domestic or teen relationship abuse. The group helps young people cope with and recover from the trauma of domestic abuse.

Young people must no longer be experiencing abuse or living with domestic abuse to be able to safely attend.

The Recovery Toolkit uses a combination of approaches including trauma informed resilience focused work, specific trauma focused cognitive behavioural therapy and person-centred therapeutic principles.

We understand that groups may not be suitable for some young people and, where we can, targeted 1:1 support will be offered.

If you are already working with a group of young people who would meet the criteria for CRUSH or The Recovery Toolkit we can arrange to work in partnership with you to deliver this in your setting.

To discuss further please contact:
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